

**Preston Hollow Presbyterian Youth
Memphis Youth Mission - Junior High Mission Trip 2020**

Who?

All Completed 6th-8th graders are welcome! Friends are always invited, too.

What?

Memphis Youth Mission Co. is a part of the greater Youth Mission Co., which is a non-profit organization of the PC(USA). We will be participating in the YMCo Mission Immersion experience. Experiences typically include physical labor (such as cleaning, landscaping, or sorting food) and relational experiences (such as providing hospitality and friendship to our neighbors living on the margins). YMCo has long-term relationships with dozens of agencies, and the staff accompanies all of their groups to their worksites. In the evenings, YMCo staff lead debriefing sessions that include Bible Study, group conversation, and art projects as a means of reflection in the group's mission experiences. YMCo has locations in Memphis, TN, Raleigh, NC, and Asheville, NC.

When?

We will leave on Sunday, June 14th in the morning and return to Dallas on Friday, June 19th in the later part of the evening.

Where?

We will be staying at Idlewild Presbyterian Church in the midtown area of Memphis, TN throughout the week. During our trip, we will be serving at several non-profit organizations that MYM has long-standing relationships with.

Why?

Youth Mission Co.'s mission statement is:

"Youth Mission Co is where mission, creativity, and transformation are happening with young people. We understand mission as God's call in the lives of all people to seek justice, love kindness, and walk humbly in faith. We see creativity as a tool of understanding and growth because it gets us outside of ourselves and in connection with the Spirit. We know transformation to be a lasting change— in a person, a group, a community, a world. It's what God provides when we are open to new possibilities."

FAQs:

What are the sleeping arrangements?

We will be in designated (gender specific) sleeping rooms where there is plenty of floor space. I highly recommend bringing an air mattress or sleeping cot (not a camping bed) as well as sleeping bags and pillows. We will have air conditioning!

What are we doing for meals?

We will have access to a fully-stocked kitchen for breakfasts, lunches and dinners. We will have a free afternoon on Thursday, and we are going to eat at _____ in the city of Memphis. The cost of this meal was included in your trip fee. The only meals that your youth needs to bring money for are for our meals en route. I would budget two meals each way for a total of four meals.

Packing list provided by MYM:

- Flexibility and humility (most important as they're keys to a fantastic mission experience)
- Work clothes (knee-length shorts are okay but no "short" shorts - this includes the dual-colored Nike shorts)
- One pair of long pants (as some sites require pants). No tight yoga pants, leggings or spandex.
- Closed-toe shoes or work boots (socks, please)
- Work gloves
- Casual clothes/shoes for non-work times (bring layers, as the weather is unpredictable)
- Shower shoes, toiletries, towel, small bag or caddy for toiletries
- Prescription meds (inhalers, insulin, allergy meds, etc.)
- Sunscreen
- Sleeping bag/sheets, twin air mattress/pad, pillow
- Bible
- Reusable water bottle (MYM has 25 oz. water bottles available to purchase)
- Bathing suit (just in case!)

What is the dress code for MYM (adults and youth participants at work sites)?

They have a fairly strict dress code for work sites. Any MYM participant not adhering to this dress code will be asked to change immediately or not work at the site.

Dress code for work sites:

- Long shorts (must touch the knees when standing)
- Closed-toe shoes
- T-shirts (shirts have to have sleeves - no tanks, spaghetti straps, or low cut shirts)
- It is also helpful to bring at least one pair of pants.

These dress code requirements are only for worksites, not for the other elements of Mission Immersion programming or free time.